

50m CIASA FEMALE RECORDS

Female Records (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:25.66	J. Crooks	Unattached	29-Jul-23	World Aquatics Championships	Fukuoka, JPN
100M FREE	00:55.18	J. Crooks	Unattached	07-Aug-23	Commonwealth Youth Games	Trinidad & Tobago
200M FREE	02:03.67	J. Crooks	Unattached	27-Jul-22	USA Swimming Futures Championships	Cary, USA
400M FREE	04:21.48	K. Rabess	Stingray Swim Club	19-Jun-26	TYR Pro Swim Series	Indianapolis, USA
800M FREE	08:58.44	K. Rabess	Stingray Swim Club	21-Mar-24	Speedo Sectionals	Phoenix, USA
1500M FREE	17:05.02	K. Rabess	Stingray Swim Club	17-Jun-26	TYR Pro Swim Series	Indianapolis, USA
50M BACK	00:28.91	L. Higgo	Unattached	25-Jul-25	TYR Futures Championships	Ocala, USA
100M BACK	01:01.91	J. Crooks	Unattached	21-Jun-24	Bahamas National Swimming Championships	Nassau, Bahamas
200M BACK	02:19.38	L. Higgo	Camana Bay Aquatic Club	31-Jul-22	USA Swimming Futures Championships	Cary, USA
50M BREAST	00:32.98	L. Higgo	Unattached	08-Apr-23	XXXVI CARIFTA Championship	Curaçao
100M BREAST	01:13.11	L. Higgo	Unattached	05-Nov-23	High School Time Trials	Florida, USA
200M BREAST	02:45.65	S. Ellison	Camana Bay Aquatic Club	31-Mar-18	Carifta 2018	Kingston, Jamaica
50M FLY	00:27.53	J. Crooks	Unattached	19-May-23	TYR Pro Swim Series	Mission Viejo, U.S.A.
100M FLY	01:00.22	J. Crooks	Unattached	30-Mar-24	CARIFTA 2024	Nassau, Bahamas
200M FLY	02:16.79	S.Broadbelt	Seven Mile Swimmers	23-Jul-24	British National Summer Swimming Championships	Sheffield, UK
200M IM	02:20.85	L. Higgo	Unattached	15-May-24	Canadian Trials	Toronto, Canada
400M IM	05:06.77	H. Roffey	Stingray Swim Club	10-Aug-03	Pan Am 03	Santo Domingo, Dominican Republic

Girl's 15-17 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:25.66	J. Crooks	Unattached	29-Jul-23	World Aquatics Championships	Fukuoka, JPN
100M FREE	00:55.18	J. Crooks	Unattached	07-Aug-23	Commonwealth Youth Games	Trinidad & Tobago
200M FREE	02:03.67	J. Crooks	Unattached	27-Jul-22	USA Swimming Futures Championships	Cary, USA
400M FREE						
800M FREE						
1500M FREE						
50M BACK	00:29.20	L. Higgo	Unattached	02-Mar-23	TYR Pro Swim Series	Fort Lauderdale - USA
100M BACK	01:01.91	J. Crooks	Unattached	21-Jun-24	Bahamas National Swimming Championships	Nassau, Bahamas
200M BACK	02:19.38	L. Higgo	Camana Bay Aquatic Club	31-Jul-22	USA Swimming Futures Championships	Cary, USA
50M BREAST	00:32.98	L. Higgo	Unattached	08-Apr-23	XXXVI CARIFTA Championship	Curaçao
100M BREAST	01:13.11	L. Higgo	Unattached	05-Nov-23	High School Time Trials	Florida, USA
200M BREAST						
50M FLY	00:27.53	J. Crooks	Unattached	19-May-23	TYR Pro Swim Series	Mission Viejo, U.S.A.
100M FLY	01:00.22	J. Crooks	Unattached	30-Mar-24	CARIFTA 2024	Nassau, Bahamas
200M FLY	02:16.79	S.Broadbelt	Seven Mile Swimmers	23-Jul-24	British National Summer Swimming Championships	Sheffield, UK
200M IM	02:20.85	L. Higgo	Unattached	15-May-24	Canadian Trials	
400M IM						

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Girl's 13-14 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:26.83	J. Crooks	Camana Bay Aquatic Club	31-Jan-20	Karl Dalhouse Meet	Kingston, Jamaica
100M FREE	00:58.08	J. Crooks	Unattached	01-May-21	2021 UANA Qualifier	Clermont, FL, U.S.A.
200M FREE	02:09.17	J. Crooks	Unattached	30-Apr-21	2021 UANA Qualifier	Clermont, FL, U.S.A.
400M FREE	04:31.05	K. Elphinstone	Stingray Swim Club	02-Aug-00	Far Western Age Group Meet	San Jose, CA, U.S.A.
800M FREE	09:12.39	K. Elphinstone	Stingray Swim Club	03-Aug-00	Far Western Age Group Meet	San Jose, CA, U.S.A.
1500M FREE	17:49.01	K. Elphinstone	Stingray Swim Club	04-Aug-00	Far Western Age Group Meet	San Jose, CA, U.S.A.
50M BACK	00:30.55	L. Hew	Camana Bay Aquatic Club	28-Jul-14	Commonwealth Games 2014	Glasgow, Scotland, UK
100M BACK	01:04.97	L. Higgo	Camana Bay Aquatic Club	12-Feb-22	Southern Zone South Sectionals	Orlando, FL, USA
200M BACK	02:22.58	L. Higgo	Camana Bay Aquatic Club	13-Feb-22	Southern Zone South Sectionals	Orlando, FL, USA
50M BREAST	00:35.41	A.Osborne	Camana Bay Aquatic Club	01-Apr-24	CARIFTA 2024	Nassau, Bahamas
100M BREAST	01:19.89	D. Boothe	Stingray Swim Club	19-Apr-09	Carifta 2009	Savaneta, Aruba
200M BREAST	02:47.32	S. Ellison	Camana Bay Aquatic Club	29-Jul-17	2017 Canadian Junior Swimming Champ	Toronto, Canada
50M FLY	00:28.72	J. Crooks	Unattached	29-Apr-21	2021 UANA Qualifier	Clermont, FL, U.S.A.
100M FLY	01:03.90	S. Broadbelt	Seven Mile Swimmers	17/12/22	2022 ASAJ Christmas Open	Kingston, JAM
200M FLY	02:20.51	H. Roffey	Stingray Swim Club	15-Aug-01		Concord, CA, U.S.A.
200M IM	02:30.05	L. Higgo	Camana Bay Aquatic Club	01-May-21	2021 UANA Qualifier	Clermont, FL, U.S.A.
400M IM	05:13.55	H. Roffey	Stingray Swim Club	15-Aug-01		Concord, CA, U.S.A.

Girl's 11-12 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:27.25	J. Crooks	Camana Bay Aquatic Club	03-Aug-18	2018 TYR ISCA Summer Senior Champ	St Petersburg, FL, USA
100M FREE	00:59.93	J. Crooks	Camana Bay Aquatic Club	04-Aug-18	2018 TYR ISCA Summer Senior Champ	St Petersburg, FL, USA
200M FREE	02:15.17	J. Crooks	Camana Bay Aquatic Club	27-Oct-18	Dean Martin Memorial Meet	Kingston, Jamaica
400M FREE	04:48.74	J. Foster	Stingray Swim Club	18-Jan-02		Rutgers, NJ, USA
800M FREE	10:02.85	J. Foster	Stingray Swim Club	15-Aug-01		Concord, CA, USA
1500M FREE	18:40.17	J. Foster	Stingray Swim Club	20-Jun-02		Ft.Lauderdale, FL, USA
50M BACK	00:32.11	J. Crooks	Camana Bay Aquatic Club	30-Jun-18	CCCAN Swimming Championships	Aruba
100M BACK	01:08.40	J. Crooks	Camana Bay Aquatic Club	26-Oct-18	Dean Martin Memorial Meet	Kingston, Jamaica
200M BACK	02:32.30	L. Higgo	Camana Bay Aquatic Club	06-Jul-19	BC Summer Provincial Championships	Victoria, BC, Canada
50M BREAST	00:36.06	D. Boothe	Stingray Swim Club	20-Feb-09	Walter Rodgers Age Group Champ	Kingston, Jamaica
100M BREAST	01:20.31	D. Boothe	Stingray Swim Club	22-Feb-09	Walter Rodgers Age Group Champ	Kingston, Jamaica
200M BREAST	02:53.96	D. Boothe	Stingray Swim Club	21-Feb-09	Walter Rodgers Age Group Champ	Kingston, Jamaica
50M FLY	00:30.08	J. Crooks	Camana Bay Aquatic Club	01-Jul-18	CCCAN Swimming Championships	Aruba
100M FLY	01:04.54	J. Crooks	Camana Bay Aquatic Club	28-Oct-18	Dean Martin Memorial Meet	Kingston, Jamaica
200M FLY	02:30.47	J. Foster	Stingray Swim Club	05-Aug-02	British Age Group Championships	
200M IM	02:33.25	L. Higgo	Camana Bay Aquatic Club	01-Feb-20	Karl Dalhouse Meet	Kingston, Jamaica
400M IM	05:28.81	C. Tomascik	Stingray Swim Club	04-Apr-10		Kingston, Jamaica

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Girl's 9-10 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:30.85	J. Crooks	Camana Bay Aquatic Club	23-Jun-17	Shark Open	Sarasota, FL, U.S.A.
100M FREE	01:11.61	A.Jackson	Stingray Swim Club	29-Jun-13	Sharks Open	Sarasota, FL, U.S.A.
200M FREE	02:33.23	J. Foster	Stingray Swim Club	04-Aug-00		San Jose, CA, U.S.A.
400M FREE	05:40.93	S. Royston	Stingray Swim Club	17-Apr-15	GCST Spring Invitational	Fort Myers, FL, U.S.A
800M FREE	13:51.12	S.Hayman	Stingray Swim Club	01-Mar-14	Walter Rodgers Meet	Kingston, Jamaica
1500M FREE						
50M BACK	00:37.20	L. Higgo	Camana Bay Aquatic Club	01-Mar-18	Prairie Winter International 2018	Winnipeg, Canada
100M BACK	01:19.34	L. Higgo	Camana Bay Aquatic Club	02-Mar-18	Prairie Winter International 2018	Winnipeg, Canada
200M BACK	03:00.93	C.Tomascik	Stingray Swim Club	16-May-08	Memorial Meet	Sarasota, FL, U.S.A.
50M BREAST	00:41.30	L. Higgo	Camana Bay Aquatic Club	01-Mar-18	Prairie Winter International 2018	Winnipeg, Canada
100M BREAST	01:28.63	L. Higgo	Camana Bay Aquatic Club	04-Mar-18	Prairie Winter International 2018	Winnipeg, Canada
200M BREAST	03:12.64	L. Higgo	Camana Bay Aquatic Club	03-Mar-18	Prairie Winter International 2018	Winnipeg, Canada
50M FLY	00:35.01	S. Broadbelt	Seven Mile Swimmers	28-Jul-19	NCAC Tar Heel States	North Carolina, U.S.A.
100M FLY	01:21.41	J. Foster	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
200M FLY						
200M IM	02:57.81	J. Foster	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
400M IM						

Girl's 8 & under (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:39.44	A. Belfonte	Stingray Swim Club	06-Jul-14	SPA Invitational	St. Petersburg, FL, USA
100M FREE	01:34.36	S. Broadbelt	Seven Mile Swimmers	23-Apr-17	Winter Haven Rowdy Cup	Winter Haven, FL, USA
200M FREE	03:25.79	S. Bonati	Camana Bay Aquatic Club	29-Apr-16	Highlander Long Course Invitational	Orlanda, FL, USA
400M FREE						
50M BACK	00:46.77	A.Lambert	Camana Bay Aquatic Club	16-Feb-13	Walter Rodgers Meet	Kingston, Jamaica
100M BACK	01:47.05	S. Bonati	Camana Bay Aquatic Club	01-May-16	Highlander Long Course Invitational	Orlanda, FL, USA
200M BACK						
50M BREAST	00:52.34	L. Higgo	Camana Bay Aquatic Club	26-Apr-15	Highlander Invitational	Orlanda, FL, USA
100M BREAST	01:55.4	L. Higgo	Camana Bay Aquatic Club	25-Apr-15	Highlander Invitational	Orlanda, FL, USA
200M BREAST						
50M FLY	00:50.08	S. Bonati	Camana Bay Aquatic Club	30-Apr-16	Highlander Long Course Invitational	Orlanda, FL, USA
100M FLY						
200M IM	03:46.29	A.Lambert	Camana Bay Aquatic Club	14-Feb-13	Walter Rodgers Meet	Kingston, Jamaica

Last updated: 15th July 2026