

**25m CAYMAN NATIONAL MALE RECORDS**

<b>Male Records (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:19.90	J. Crooks	Unattached	14-Dec-24	World Short Course Championships	Budapest, Hungary
100M FREE	00:44.95	J. Crooks	Unattached	11-Dec-24	World Short Course Championships	Budapest, Hungary
200M FREE	01:42.98	S. Fraser	Stingray Swim Club	15-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
400M FREE	03:54.93	J. Allison	Seven Mile Swimmers	21-Feb-23	CIASA National Championships	Grand Cayman, Cayman Islands
800M FREE	08:22.84	G. Butler	Stingray Swim Club	15-Jul-13	Island Games 13	Bermuda
1500M FREE	15:46.87	G. Butler	Stingray Swim Club	15-Jul-13	Island Games 13	Bermuda
50M BACK	00:25.23	J. Crooks	Camana Bay Aquatic Club	27-Feb-20	CIASA National Championships	Grand Cayman, Cayman Islands
100M BACK	00:55.53	J. Crooks	Unattached	19-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
200M BACK	02:00.17	B. Fraser	Stingray Swim Club	12-Apr-08	2008 SC Worlds	Manchester, England
50M BREAST	00:28.89	D. Ebanks	Unattached	23-Oct-15	ASA National Masters & Seniors Champ	Sheffield, United Kingdom
100M BREAST	01:04.58	D. Ebanks	Unattached	18-Oct-13	British Masters	Sheffield, United Kingdom
200M BREAST	02:25.84	D. Ebanks	Unattached	18-Oct-13	British Masters	Sheffield, United Kingdom
50M FLY	00:22.95	B. Fraser	Stingray Swim Club	05-Dec-14	FINA World Championships (25m)	Doha, Qatar
100M FLY	00:52.00	S. Fraser	Stingray Swim Club	16-Jul-13	Island Games 13	Bermuda
200M FLY	01:54.20	S. Fraser	Stingray Swim Club	19-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
100M IM	00:52.94	S. Fraser	Stingray Swim Club	15-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
200M IM	01:56.21	S. Fraser	Stingray Swim Club	17-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
400M IM	04:25.67	S. Fraser	Stingray Swim Club	01-Jul-03	Island Games 03	Guernsey

<b>Male 15-17 (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:22.68	J. Crooks	Camana Bay Aquatic Club	01-Mar-20	CIASA National Championships	Grand Cayman, Cayman Islands
100M FREE	00:49.54	J. Allison	Seven Mile Swimmers	03-Dec-23	Coconut Cup	Grand Cayman, Cayman Islands
200M FREE	01:48.21	J. Allison	Seven Mile Swimmers	19-Feb-23	CIASA National Championships	Grand Cayman, Cayman Islands
400M FREE	03:54.93	J. Allison	Seven Mile Swimmers	21-Feb-23	CIASA National Championships	Grand Cayman, Cayman Islands
800M FREE	08:36.81	S. Fraser	Stingray Swim Club	17-Jun-04		Grand Cayman, Cayman Islands
1500M FREE	15:52.13	S. Fraser	Stingray Swim Club	01-Jul-03	Island Games 2003	Guernsey, Channel Islands
50M BACK	00:25.23	J. Crooks	Camana Bay Aquatic Club	27-Feb-20	CIASA National Championships	Grand Cayman, Cayman Islands
100M BACK	00:55.77	J. Crooks	Camana Bay Aquatic Club	27-Feb-20	CIASA National Championships	Grand Cayman, Cayman Islands
200M BACK	02:02.17	A. Mackay	Stingray Swim Club	01-Jul-03	Island Games 2003	Guernsey, Channel Islands
50M BREAST	00:31.42	M. Evans	Stingray Swim Club	07-Jun-97		Grand Cayman, Cayman Islands
100M BREAST	01:08.92	A. Mackay	Stingray Swim Club	22-Feb-03		Grand Cayman, Cayman Islands
200M BREAST	02:29.01	A. Mackay	Stingray Swim Club	14-Jun-03		Grand Cayman, Cayman Islands
50M FLY	00:25.02	D.Kish	Seven Mile Swimmers	11-Jan-25	Tom Handley Open Meet	Brighton, United Kingdom
100M FLY	00:54.76	D.Kish	Seven Mile Swimmers	18-Oct-25	Sussex County Championships 2025	Crawley, United Kingdom
200M FLY	01:59.04	S. Fraser	Stingray Swim Club	03-Feb-06	FINA World Championships	New York, USA
100M IM	00:59.12	S. Fraser	Stingray Swim Club	24-Mar-04	CIASA National Championships	Grand Cayman, Cayman Islands
200M IM	02:04.46	S. Fraser	Stingray Swim Club	04-Feb-06	FINA World Championships	New York, USA
400M IM	04:25.67	S. Fraser	Stingray Swim Club	01-Jul-03	Island Games 2003	Guernsey, Channel Islands

**25m CAYMAN NATIONAL MALE RECORDS**

<b>Boy's 13-14 (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:24.30	J. Allison	Seven Mile Swimmers	20-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
100M FREE	00:54.03	J. Allison	Seven Mile Swimmers	20-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
<b>200M FREE</b>	<b>01:59.93</b>	<b>G. Bispath</b>	<b>Camana Bay Aquatic Club</b>	<b>07-Mar-25</b>	<b>CIASA National Championships</b>	<b>Grand Cayman, Cayman Islands</b>
400M FREE	04:15.19	J. Allison	Seven Mile Swimmers	21-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
800M FREE	09:02.11	S. Groome	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	16:41.22	S. Fraser	Stingray Swim Club	01-Nov-02		Grand Cayman, Cayman Islands
50M BACK	00:28.68	Z. Moore	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M BACK	01:03.44	Z. Moore	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
200M BACK	02:15.40	Z. Moore	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
50M BREAST	00:33.92	S. Groome	Stingray Swim Club	31-May-08	Lion's Club Sprint Meet	Grand Cayman, Cayman Islands
100M BREAST	01:12.68	C. Frederick-Westerborg	Stingray Swim Club	09-Dec-17	Coconut Cup 2017	Grand Cayman, Cayman Islands
200M BREAST	02:35.04	J. Alberga	Stingray Swim Club	07-Mar-19	CIASA National Championships	Grand Cayman, Cayman Islands
50M FLY	00:26.53	J. Allison	Seven Mile Swimmers	19-Feb-21	CIASA National Championships	Cayman Brac, Cayman Islands
100M FLY	01:00.11	J. Allison	Seven Mile Swimmers	18-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
200M FLY	02:15.33	S. Fraser	Stingray Swim Club	16-Jun-02		Grand Cayman, Cayman Islands
100M IM	01:03.30	S. Fraser	Stingray Swim Club	15-Mar-03		Grand Cayman, Cayman Islands
200M IM	02:15.95	Z. Moore	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M IM	04:54.50	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-17	Coconut Cup 2017	Grand Cayman, Cayman Islands

<b>Boy's 11-12 (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:26.89	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M FREE	00:58.72	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
200M FREE	02:09.37	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M FREE	04:34.99	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
800M FREE	10:14.52	G. Butler	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	17:57.05	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
50M BACK	00:31.74	J. Crooks	Stingray Swim Club	18-Feb-15	CIASA National Championships	Grand Cayman, Cayman Islands
100M BACK	01:10.29	Z. Moore	Stingray Swim Club	15-Nov-14	Michael Lockwood Memorial	Grand Cayman, Cayman Islands
200M BACK	02:26.88	S. Fraser	Stingray Swim Club	17-Feb-01		Grand Cayman, Cayman Islands
50M BREAST	00:35.34	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M BREAST	01:16.57	J. Alberga	Stingray Swim Club	18-Feb-18	CIASA National Championship	Grand Cayman, Cayman Islands
200M BREAST	02:42.20	J. Alberga	Stingray Swim Club	15-Feb-18	CIASA National Championship	Grand Cayman, Cayman Islands
50M FLY	00:29.43	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M FLY	01:07.06	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
200M FLY	02:26.86	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
100M IM	01:08.68	C. Frederick-Westerborg	Stingray Swim Club	07-Jan-17	2017 January Sprint Meet	Grand Cayman, Cayman Islands
200M IM	02:24.66	C. Frederick-Westerborg	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M IM	05:09.49	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada

**25m CAYMAN NATIONAL MALE RECORDS**

<b>Boy's 9-10 (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:32.49	C. Frederick-Westerborg	Stingray Swim Club	12-Dec-14	Cayman Islands Swimming Winter Splash	Grand Cayman, Cayman Islands
100M FREE	01:11.94	C. Frederick-Westerborg	Stingray Swim Club	16-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M FREE	2:39.09	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
400M FREE	5:27.46	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
800M FREE	12:03.34	S. Butler	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	23:44.39	G. Butler	Stingray Swim Club	17-Nov-06	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
50M BACK	00:37.97	C. Frederick-Westerborg	Stingray Swim Club	14-Dec-14	Cayman Islands Swimming Winter Splash	Grand Cayman, Cayman Islands
100M BACK	01:25.31	C. Frederick-Westerborg	Stingray Swim Club	08-Jun-14	Caledonian Invitational	Grand Cayman, Cayman Islands
200M BACK	03:03.50	I. McCallum	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
50M BREAST	00:44.68	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M BREAST	01:37.91	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M BREAST	03:42.05	S.Groome	Stingray Swim Club	0-Jun-04		Grand Cayman, Cayman Islands
50M FLY	00:37.00	J.Crooks	Camana Bay Aquatic Club	16-Mar-13	Shamrock Splash	Grand Cayman, Cayman Islands
100M FLY	01:23.25	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
200M FLY	03:11.61	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
100M IM	01:23.37	C. Frederick-Westerborg	Stingray Swim Club	14-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M IM	03:03.82	C. Frederick-Westerborg	Stingray Swim Club	08-Jun-14	Caledonian Invitational	Grand Cayman, Cayman Islands
400M IM						

<b>Boy's 8 &amp; under (25M)</b>						
<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Date</b>	<b>Meet</b>	<b>Venue</b>
50M FREE	00:37.52	C. Frederick-Westerborg	Stingray Swim Club	18-Nov-12	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M FREE	01:21.71	H.Lawson	Seven Mile Swimmer	13-Mar-26	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M FREE	03:31.01	L.George	Camana Bay Aquatic Club	04-Oct-25	CBAC - Kick Off	Grand Cayman, Cayman Islands
400M FREE	06:57.07	L.George	Camana Bay Aquatic Club	24-Apr-26	Spring Splash Swim	Grand Cayman, Cayman Islands
50M BACK	00:45.28	H.Lawson	Seven Mile Swimmer	13-Mar-26	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M BACK	01:42.59	L.George	Camana Bay Aquatic Club	13-Mar-26	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M BACK	03:50.73	A. McCallum	Stingray Swim Club	14-Jun-03	Caledonian Invitational	Grand Cayman, Cayman Islands
50M BREAST	00:52.41	C. Frederick-Westerborg	Stingray Swim Club	23-Jun-12	Caledonian Invitational	Grand Cayman, Cayman Islands
100M BREAST	01:56.15	D. Lewis	Camana Bay Aquatic Club	02-Dec-11	Mega City	Toronto, Canada
200M BREAST						
50M FLY	00:43.41	H.Lawson	Seven Mile Swimmers	13-Mar-26	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M FLY	02:00.25	C. Frederick-Westerborg	Stingray Swim Club	01-Mar-12	Pete Ribbins	Grand Cayman, Cayman Islands
100M IM	01:36.38	H.Lawson	Seven Mile Swimmers	13-Mar-26	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M IM	03:59.52	A. McCallum	Stingray Swim Club	14-Jun-03		Grand Cayman, Cayman Islands

**Last updated: 18th June 2026**