

50m CAYMAN NATIONAL MALE RECORDS

| Male Records (50M) | | | | | | |
|--------------------|----------|-----------|---------------------|-----------|------------------------------------|----------------------------|
| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:21.51 | J. Crooks | Unattached | 01-Aug-24 | 2024 Olympics | Paris, France |
| 100M FREE | 00:47.71 | J. Crooks | Unattached | 29-Jul-23 | World Aquatics Championships | Fukuoka, JPN |
| 200M FREE | 01:46.44 | S. Fraser | Stingray Swim Club | 26-Jul-09 | FINA World Championships | Rome, Italy |
| 400M FREE | 03:57.51 | S. Fraser | Stingray Swim Club | 17-Jul-08 | Speedo Champions | Ft. Lauderdale, FL, U.S.A. |
| 800M FREE | 08:29.61 | S. Fraser | Stingray Swim Club | 12-Jun-04 | Janet Evans Invitational | Santa Clara, CA |
| 1500M FREE | 16:02.00 | G. Butler | Stingray Swim Club | 12-Mar-16 | Edinburgh International | Edinburgh, Scotland |
| 50M BACK | 00:26.51 | L.Higgo | Seven Mile Swimmers | 07-Apr-26 | CARIFTA 26 | Martinique |
| 100M BACK | 00:56.99 | L.Higgo | Seven Mile Swimmers | 07-Apr-26 | CARIFTA 26 | Martinique |
| 200M BACK | 02:01.17 | B. Fraser | Stingray Swim Club | 12-Aug-08 | 2008 Olympics | Beijing, China |
| 50M BREAST | 00:29.09 | D.Ebanks | Masters | 04-Feb-17 | Essex Age Group Championships 2017 | Basildon, UK |
| 100M BREAST | 01:08.36 | D.Ebanks | Masters | 25-Jul-14 | Commonwealth Games 2014 | Glasgow, Scotland |
| 200M BREAST | 02:30.89 | S. Groome | Stingray Swim Club | 16-Apr-09 | CARIFTA 2009 | Aruba |
| 50M FLY | 00:23.66 | B. Fraser | Stingray Swim Club | 25-Jul-14 | Commonwealth Games 2014 | Glasgow, Scotland |
| 100M FLY | 00:52.96 | B. Fraser | Stingray Swim Club | 16-Oct-11 | PanAm Games | Guadalajara, Mexico |
| 200M FLY | 02:01.58 | S. Fraser | Stingray Swim Club | 0-Aug-05 | CCAN | Santa Domingo, Dominican |
| 200M IM | 02:04.51 | S. Fraser | Stingray Swim Club | 22-Jul-06 | CAC 2006 | Cartagena, Colombia |
| 400M IM | 04:29.00 | S. Fraser | Stingray Swim Club | 16-Mar-06 | Commonwealth Games 2006 | Melbourne, AUS |

| Boy's 15-17 (50M) | | | | | | |
|-------------------|----------|------------|-------------------------|------------|--------------------------------------|--------------------------|
| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:23.48 | J. Crooks | Camana Bay Aquatic Club | 18-Jan-20 | TYR Pro Swim Series | Knoxville, USA |
| 100M FREE | 00:51.00 | J. Allison | Seven Mile Swimmers | 01-Aug-23 | Commonwealth Youth Games | Port of Spain, Trinidad |
| 200M FREE | 01:50.97 | J. Allison | Seven Mile Swimmers | 01-Aug-23 | Commonwealth Youth Games | Port of Spain, Trinidad |
| 400M FREE | 04:02.74 | S. Fraser | Stingray Swim Club | ?-Aug-05 | CCCAN 2005 | Santa Domingo, Dominican |
| 800M FREE | 08:29.61 | S. Fraser | Stingray Swim Club | 12-Jun-04 | Janet Evans Invitational | Santa Clara, CA |
| 1500M FREE | 16:10.71 | S. Fraser | Stingray Swim Club | ?-Apr-2004 | CARIFTA 2004 | Nassau, Bahamas |
| 50M BACK | 00:26.51 | L. Higgo | Seven Mile Swimmers | 07-Ari-26 | CARIFTA 26 | Martinique |
| 100M BACK | 00:56.9 | L. Higgo | Seven Mile Swimmers | 07-Apr-26 | CARIFTA 26 | Martinique |
| 200M BACK | 02:08.13 | L. Higgo | Camana Bay Aquatic Club | 26-Jul-25 | TYR Futures Championships | Ocala, USA |
| 50M BREAST | 00:32.18 | S. Groome | Stingray Swim Club | 05-Apr-10 | | Kingston, Jamaica |
| 100M BREAST | | | | | | |
| 200M BREAST | 02:30.89 | S. Groome | Stingray Swim Club | 16-Apr-09 | CARIFTA 2009 | Aruba |
| 50M FLY | 00:25.68 | D.Kish | Seven Mile Swimmers | 04-May-25 | Swim England South East LC Champs | Wycombe, UK |
| 100M FLY | 00:55.24 | D.Kish | Seven Mile Swimmers | 20-Aug-25 | Juniour World Swimming Championships | Otopeni, Romania |
| 200M FLY | 02:01.58 | S. Fraser | Stingray Swim Club | ?-Aug-05 | CCCAN 2005 | Santa Domingo, Dominican |
| 200M IM | 02:04.51 | S. Fraser | Stingray Swim Club | 22-Jul-06 | CAC 2006 | Cartagena, Colombia |
| 400M IM | 04:29.00 | S. Fraser | Stingray Swim Club | 16-Mar-06 | Commonwealth Games 2006 | Melbourne, AUS |

50m CAYMAN NATIONAL MALE RECORDS

| Boy's 13-14 (50M) | | | | | | |
|-------------------|----------|-------------------------|--------------------|-----------|------------------------------------|---------------------------|
| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:26.06 | C. Frederick-Westerborg | Stingray Swim Club | 03-Jul-18 | CCCAN Swimming Championships | Aruba |
| 100M FREE | 00:56.41 | C. Frederick-Westerborg | Stingray Swim Club | 04-Aug-18 | 2018 TYR ISCA Summer Senior Champs | St Petersburg, Florida |
| 200M FREE | 01:58.42 | S. Fraser | Stingray Swim Club | 11-Jan-03 | | Rutgers, NJ, U.S.A. |
| 400M FREE | 04:11.88 | S. Fraser | Stingray Swim Club | 11-Jan-03 | | Rutgers, NJ, U.S.A. |
| 800M FREE | 08:56.01 | S. Fraser | Stingray Swim Club | 28-Mar-03 | Mud Bug Blast | New Orleans, LA, U.S.A. |
| 1500M FREE | 16:40.54 | S. Fraser | Stingray Swim Club | 28-Mar-03 | Mud Bug Blast | New Orleans, LA, U.S.A. |
| 50M BACK | 00:31.17 | C. Frederick-Westerborg | Stingray Swim Club | 31-Mar-18 | CARIFTA 2018 | Kingston, Jamaica |
| 100M BACK | 01:05.15 | Z. Moore | Stingray Swim Club | 23-Mar-16 | CARIFTA 2016 | Martinique |
| 200M BACK | 02:17.97 | S. Fraser | Stingray Swim Club | 05-Aug-02 | British Age Group Championships | Sheffield, U.K. |
| 50M BREAST | 00:33.69 | C. Frederick-Westerborg | Stingray Swim Club | 04-Aug-18 | 2018 TYR ISCA Summer Senior Champs | St Petersburg, Florida |
| 100M BREAST | 01:12.99 | S. Groome | Stingray Swim Club | 18-Jul-08 | | Kingston, Jamaica |
| 200M BREAST | 02:34.63 | S. Groome | Stingray Swim Club | 27-Mar-08 | | Aruba |
| 50M FLY | 00:28.48 | C. Frederick-Westerborg | Stingray Swim Club | 21-Jan-18 | UANA Swimming Cup | Coral Springs, FL, U.S.A. |
| 100M FLY | 01:00.85 | C. Frederick-Westerborg | Stingray Swim Club | 02-Aug-18 | 2018 TYR ISCA Summer Senior Champs | St Petersburg, Florida |
| 200M FLY | 02:09.34 | S. Fraser | Stingray Swim Club | 28-Mar-03 | Mud Bug Blast | New Orleans, LA, U.S.A. |
| 200M IM | 02:22.41 | S. Groome | Stingray Swim Club | 0-Apr-08 | CARIFTA | Aruba |
| 400M IM | 04:49.46 | S. Fraser | Stingray Swim Club | 28-Mar-03 | Mud Bug Blast | New Orleans, LA, U.S.A. |

| Boy's 11-12 (50M) | | | | | | |
|-------------------|----------|-------------------------|--------------------|-----------|--------------|----------------------------|
| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:27.87 | C. Frederick-Westerborg | Stingray Swim Club | 02-Jul-16 | CISC 2016 | Nassau, Bahamas |
| 100M FREE | 01:01.02 | C. Frederick-Westerborg | Stingray Swim Club | 01-Jul-16 | CISC 2016 | Nassau, Bahamas |
| 200M FREE | 02:17.14 | C. Frederick-Westerborg | Stingray Swim Club | 30-Jun-16 | CISC 2016 | Nassau, Bahamas |
| 400M FREE | 04:38.40 | S. Fraser | Stingray Swim Club | 02-Aug-00 | | San Jose, CA, U.S.A. |
| 800M FREE | | | | | | |
| 1500M FREE | 18:22.82 | S. Fraser | Stingray Swim Club | 23-Feb-01 | | Ft. Lauderdale, FL, U.S.A. |
| 50M BACK | 00:33.32 | C. Frederick-Westerborg | Stingray Swim Club | 29-Jun-16 | CISC 2016 | Nassau, Bahamas |
| 100M BACK | 01:11.81 | B. Fraser | Stingray Swim Club | 0-Apr02 | CARIFTA | Barbados |
| 200M BACK | 02:33.40 | B. Fraser | Stingray Swim Club | 0-Apr-02 | CARIFTA | Barbados |
| 50M BREAST | 00:35.87 | I. Macrae | Stingray Swim Club | 24-Apr-14 | CARIFTA 14 | Aruba |
| 100M BREAST | 01:18.04 | J. Alberga | Stingray Swim Club | 03-Apr-18 | Carifta 2018 | Kingston, Jamaica |
| 200M BREAST | 02:47.30 | J. Alberga | Stingray Swim Club | 31-Mar-18 | Carifta 2018 | Kingston, Jamaica |
| 50M FLY | 00:30.45 | S. Fraser | Stingray Swim Club | 02-Aug-00 | | San Jose, CA, U.S.A. |
| 100M FLY | 01:07.12 | S. Fraser | Stingray Swim Club | 02-Aug-00 | | San Jose, CA, U.S.A. |
| 200M FLY | 02:30.14 | S. Fraser | Stingray Swim Club | 0-Aug-00 | CARIFTA | Barbados |

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| 200M IM | 02:32.86 | C. Frederick-Westerborg | Stingray Swim Club | 01-Jul-16 | CISC 2016 | Nassau, Bahamas |
| 400M IM | 05:45.78 | I.Macrae | Stingray Swim Club | 23-Apr-14 | CARIFTA 14 | Aruba |

50m CAYMAN NATIONAL MALE RECORDS

| Boy's 9-10 (50M) | | | | | | |
|------------------|----------|-------------------------|-------------------------|-----------|-------------------------------------|-------------------------|
| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:33.01 | C. Frederick-Westerborg | Stingray Swim Club | 05-Jul-14 | SPA Invitation | St. Petersburg, Fl. USA |
| 100M FREE | 01:12.48 | C. Frederick-Westerborg | Stingray Swim Club | 06-Jul-14 | SPA Invitation | St. Petersburg, Fl. USA |
| 200M FREE | 02:36.86 | B. Fraser | Stingray Swim Club | 05-Aug-00 | Pacific Far Western | San Jose, CA, U.S.A. |
| 400M FREE | 05:34.12 | L. Sinclair | Camana Bay Aquatic Club | 25-Apr-14 | Highlander Long Course Invitational | Orlando, Fl. USA |
| 800M FREE | | | | | | |
| 1500M FREE | | | | | | |
| 50M BACK | 00:40.27 | C. Frederick-Westerborg | Stingray Swim Club | 04-Jul-14 | SPA Invitation | St. Petersburg, Fl. USA |
| 100M BACK | 01:27.60 | B. Fraser | Stingray Swim Club | 02-Aug-00 | | San Jose, CA, U.S.A. |
| 200M BACK | 03:09.79 | L. Sinclair | Camana Bay Aquatic Club | 04-Jul-14 | | St, Petersburg, Fl. USA |
| 50M BREAST | 00:45.93 | C. Frederick-Westerborg | Stingray Swim Club | 04-Jul-14 | SPA Invitation | St. Petersburg, Fl. USA |
| 100M BREAST | 01:42.30 | C. Frederick-Westerborg | Stingray Swim Club | 06-Jul-14 | SPA Invitation | St. Petersburg, Fl. USA |
| 200M BREAST | 03:56.94 | S.Groome | Stingray Swim Club | 0-May-04 | Piranha Invitational | Plantation, Florida |
| 50M FLY | 00:33.83 | S. Fraser | Stingray Swim Club | 01-Mar-99 | | Kingston, Jamaica |
| 100M FLY | 01:26.61 | L. Sinclair | Camana Bay Aquatic Club | 04-Jul-14 | | St, Petersburg, Fl. USA |
| 200M FLY | 03:17.65 | L. Sinclair | Camana Bay Aquatic Club | 04-Jul-14 | | St, Petersburg, Fl. USA |
| 200M IM | 03:03.01 | L. Sinclair | Camana Bay Aquatic Club | 27-Jun-01 | | Sarasota, Fl USA |
| 400M IM | | | | | | |

| Boy's 8 & under (50M) | | | | | | |
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| Event | Time | Name | Club | Date | Meet | Venue |
| 50M FREE | 00:37.25 | C. Frederick-Westerborg | Stingray Swim Club | 19-May-12 | | Sarasota, FL, U.S.A. |
| 100M FREE | 01:37.05 | C. Frederick-Westerborg | Stingray Swim Club | 18-Feb-12 | Walter Rodgers Meet | Kingston, Jamaica |
| 200M FREE | 03:28.62 | C. Frederick-Westerborg | Stingray Swim Club | 18-May-12 | SYS Memorial Meet | Sarasota, FL, U.S.A. |
| 400M FREE | | | | | | |
| 50M BACK | 00:47.45 | C. Frederick-Westerborg | Stingray Swim Club | 19-May-12 | | Sarasota, FL, U.S.A. |
| 100M BACK | 01:54.98 | A. McCallum | Stingray Swim Club | 28-Mar-03 | | New Orleans |
| 200M BACK | | | | | | |
| 50M BREAST | 00:54.62 | C. Frederick-Westerborg | Stingray Swim Club | 20-May-12 | SYS Memorial Meet | Sarasota, FL, U.S.A. |
| 100M BREAST | 02:02.96 | C. Frederick-Westerborg | Stingray Swim Club | 19-May-12 | SYS Memorial Meet | sarasota, FL, U.S.A. |
| 200M BREAST | | | | | | |

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| 50M FLY | 00:47.66 | C. Frederick-Westerborg | Stingray Swim Club | 20-May-12 | SYS Memorial Meet | Sarasota, FL, U.S.A. |
| 100M FLY | | | | | | |
| 200M IM | 03:52.96 | C. Frederick-Westerborg | Stingray Swim Club | 17-Feb-12 | SYS Memorial Meet | Sarasota, FL, U.S.A. |

Last updated: 23rd April 2026

