

## 2025 Mike Lockwood Memorial

Sponsored by:

**Sanctioned by:** Cayman Islands Amateur Swim Association

**Hosted by:** Stingray Swim Club

**Date of Meet:** October 30<sup>th</sup>; November 1st-2nd

**Start of Meet:** Thursday: 5:30 PM; Saturday: 8:30 AM and Sunday: 9:00 AM

**Warm-up:** Thursday: 4:30 PM; Saturday 7:00 AM and Sunday: 7:30 AM

**POOL:** Lion's Aquatic Centre, 60 Olympic Way, Grand Cayman

**COURSE:** Outdoor 25 meter pool with 6 competition lanes.

**WARM-UP PROCEDURES:** All lanes will be open for CIASA member or overseas accredited coach supervised warm-up during designated Warm-Up times. The pool will close 10 minutes before the start of each session

**MEET DIRECTOR:** Julie Bain

**MEET REFEREE:** TBD

Meet Referee will oversee the meet. Any queries regarding conduct of the meet should be directed to the referee.

World Aquatics Swimming rules will govern, except as set out below:

- Swimmers must swim in the Age Group as determined by their age on the first day of the meet.
  - Stingray Swim Club reserves the right to enter Special Olympians in nonconforming age groups.
- Heats will be swum from slowest to fastest.
- Swimmers may swim a maximum of four 10 and under individual events and three 9 and over individual events per session.
- Teams may enter a maximum of two relays (A & B) for each relay event.
  - If sessions run over the sanctioned time limit, relays will be scratched from the lineup.
- The 800m and 1500m freestyles will be limited to the top 6 entries in each event.
- The 25m events will be unofficial.
- Flyover starts will be in effect. Swimmers must exit the pool immediately after the beginning of the next heat.
- Age groups will be scored separately in each event as 6 and under, 7-8, 9-10, 11-12, 13-14, 15 and over.
- Individual scoring will be points awarded to the top 5 finishers in order of finish as: 6-4-3-2-1
- Relays will be scored as: 12-8-6-4-2
- Breaks for warm-down will be decided at the discretion of the coaches and referee, contingent upon the timeline.
- No nuts are allowed on the pool deck at any time.

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas, restrooms, or behind the starting blocks. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**\*\*\*\*NO FLASH PHOTOGRAPHY WILL BE PERMITTED AT ANY TIME DURING THE MEET\*\*\*\***

**SWIMWEAR:** Swimsuits are expected to follow World Aquatics swimsuit specifications.

**DECK CHANGING:** Changing on pool deck or outside of a designated changing facility is strictly prohibited. Failure to abide by this rule may result in expulsion from the competition.

**SEATING AND DECK:** The north side bleachers, closest to the track, will be open for spectators and parents. The south side bleachers will be open to swimmers, coaches and officials only. Swimmers are not allowed to gather and loiter between blocks. Both ends of the pool must be kept clear for timers and officials.

**ELIGIBILITY:** Open to all CIASA registered members.

**SUBMITTED TIMES:** Times submitted must be the best recorded short course times from this or the preceding swim season. All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times.

**AWARDS:** High Point award for each Age Group. First place, highest scoring, team will receive a champion award.

**ENTRY FEES:** \$15.00 for 10 and under swimmers and \$35.00 flat fee for each individual athlete participating in the 9 and over sessions. NO REFUNDS. E-mail entry (entry. Zip file) will be accepted. Deletions will not be refunded.

**ENTRY DUE DATE:** Entries must be received by no later than **Midnight on Friday October 24<sup>th</sup>**. Adjustments to the original entry can be made up until midnight Saturday October 25<sup>th</sup>.

**MAKE CHECKS PAYABLE TO:** Stingray Swim Club

**EMAIL ENTRIES TO:** John – [headcoach@stingrayswimclub.ky](mailto:headcoach@stingrayswimclub.ky) or hand deliver to the Stingray Shed at the Lion's Aquatic Centre. Non-TM or TU files will be accepted.

## Event Schedule

Thursday Evening Oct 30th 5:30 PM			
10 and Under - Order of Events			
Girls	Day 1		Boys
1	10u	100 Free R	2
3	10u	25 Fr	4
5	10u	100 Fr	6
7	10u	25 Br	8
9	10u	100 IM	10
11	10u	25 Bk	12
13	10u	100 Bk	14
15	10u	25 Fly	16
17	10u	50 Free	18
19	10u	50 Br	20
21	10u	50 Bk	22
23	10 u	50 Fly	24
25	10 u	100 M R	26

Sunday Morning Nov 2nd 9:00 AM			
9 and Over - Order of Events			
Girls	Day 2		Boys
47	9 & Over	1500 FR	48
49	9 & Over	200 Fly	50
51	9 & Over	50 Fr	52
53	9 & Over	100 Bk	54
54	9 & Over	400 IM	56
57	9 & Over	100 Br	58
59	9 & Over	50 Fly	60
61	9 & Over	200 Free	62
63	9 & Over	200 Med R	64

Saturday Morning Nov 1st 8:30 AM			
Order of Events			
Girls	Day 1		Boys
27	9 & Over	800 Free	28
29	9 & Over	50 Br	30
31	9 & Over	200 Back	32
33	9 & Over	100 Fly	34
35	9 & Over	400 Free	36
37	9 & Over	200 Br	38
39	9 & Over	50 Back	40
41	9 & Over	100 Fr	42
43	9 & Over	200 IM	44
45	9 & Over	200 Free R	46