

50m CAYMAN NATIONAL MALE RECORDS

Male Records (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:21.51	J. Crooks	Unattached	01-Aug-24	2024 Olympics	Paris, France
100M FREE	00:47.71	J. Crooks	Unattached	29-Jul-23	World Aquatics Championships	Fukuoka, JPN
200M FREE	01:46.44	S. Fraser	Stingray Swim Club	26-Jul-09	FINA World Championships	Rome, Italy
400M FREE	03:57.51	S. Fraser	Stingray Swim Club	17-Jul-08	Speedo Champions	Ft. Lauderdale, FL, U.S.A.
800M FREE	08:29.61	S. Fraser	Stingray Swim Club	12-Jun-04	Janet Evans Invitational	Santa Clara, CA
1500M FREE	16:02.00	G. Butler	Stingray Swim Club	12-Mar-16	Edinburgh International	Edinburgh, Scotland
50M BACK	00:26.94	J. Crooks	Unattached	29-Apr-21	2021 UANA Qualifier	Clermont, FL, U.S.A
100M BACK	00:56.99	S. Fraser	Stingray Swim Club	11-Nov-11	Minneapolis Grand Prix	Minneapolis, MN, U.S.A.
200M BACK	02:01.17	B. Fraser	Stingray Swim Club	12-Aug-08	2008 Olympics	Beijing, China
50M BREAST	00:29.09	D.Ebanks	Masters	04-Feb-17	Essex Age Group Championships 2017	Basildon, UK
100M BREAST	01:08.36	D.Ebanks	Masters	25-Jul-14	Commonwealth Games 2014	Glasgow, Scotland
200M BREAST	02:30.89	S. Groome	Stingray Swim Club	16-Apr-09	CARIFTA 2009	Aruba
50M FLY	00:23.66	B. Fraser	Stingray Swim Club	25-Jul-14	Commonwealth Games 2014	Glasgow, Scotland
100M FLY	00:52.96	B. Fraser	Stingray Swim Club	16-Oct-11	PanAm Games	Guadalajara, Mexico
200M FLY	02:01.58	S. Fraser	Stingray Swim Club	0-Aug-05	CCAN	Santa Domingo, Dominican
200M IM	02:04.51	S. Fraser	Stingray Swim Club	22-Jul-06	CAC 2006	Cartagena, Colombia
400M IM	04:29.00	S. Fraser	Stingray Swim Club	16-Mar-06	Commonwealth Games 2006	Melbourne, AUS

Boy's 15-17 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:23.48	J. Crooks	Camana Bay Aquatic Club	18-Jan-20	TYR Pro Swim Series	Knoxville, USA
100M FREE	00:51.00	J. Allison	Seven Mile Swimmers	01-Aug-23	Commonwealth Youth Games	Port of Spain, Trinidad
200M FREE	01:50.97	J. Allison	Seven Mile Swimmers	01-Aug-23	Commonwealth Youth Games	Port of Spain, Trinidad
400M FREE	04:02.74	S. Fraser	Stingray Swim Club	?-Aug-05	CCCAN 2005	Santa Domingo, Dominican
800M FREE	08:29.61	S. Fraser	Stingray Swim Club	12-Jun-04	Janet Evans Invitational	Santa Clara, CA
1500M FREE	16:10.71	S. Fraser	Stingray Swim Club	?-Apr-2004	CARIFTA 2004	Nassau, Bahamas
50M BACK	00:27.11	L. Higgo	Camana Bay Aquatic Club	21-Aug-25	Juniour World Swimming Championships	Otopeni, Romania
100M BACK	00:58.25	L. Higgo	Camana Bay Aquatic Club	25-Jul-25	TYR Futures Championships	Ocala, USA
200M BACK	02:08.13	L. Higgo	Camana Bay Aquatic Club	26-Jul-25	TYR Futures Championships	Ocala, USA
50M BREAST	00:32.18	S. Groome	Stingray Swim Club	05-Apr-10		Kingston, Jamaica
100M BREAST						
200M BREAST	02:30.89	S. Groome	Stingray Swim Club	16-Apr-09	CARIFTA 2009	Aruba
50M FLY	00:25.68	D.Kish	Seven Mile Swimmers	04-May-25	Swim England South East LC Champs	Wycombe, UK
100M FLY	00:55.24	D.Kish	Seven Mile Swimmers	20-Aug-25	Juniour World Swimming Championships	Otopeni, Romania
200M FLY	02:01.58	S. Fraser	Stingray Swim Club	?-Aug-05	CCCAN 2005	Santa Domingo, Dominican
200M IM	02:04.51	S. Fraser	Stingray Swim Club	22-Jul-06	CAC 2006	Cartagena, Colombia
400M IM	04:29.00	S. Fraser	Stingray Swim Club	16-Mar-06	Commonwealth Games 2006	Melbourne, AUS

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Boy's 13-14 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:26.06	C. Frederick-Westerborg	Stingray Swim Club	03-Jul-18	CCCAN Swimming Championships	Aruba
100M FREE	00:56.41	C. Frederick-Westerborg	Stingray Swim Club	04-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
200M FREE	01:58.42	S. Fraser	Stingray Swim Club	11-Jan-03		Rutgers, NJ, U.S.A.
400M FREE	04:11.88	S. Fraser	Stingray Swim Club	11-Jan-03		Rutgers, NJ, U.S.A.
800M FREE	08:56.01	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, U.S.A.
1500M FREE	16:40.54	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, U.S.A.
50M BACK	00:31.17	C. Frederick-Westerborg	Stingray Swim Club	31-Mar-18	CARIFTA 2018	Kingston, Jamaica
100M BACK	01:05.15	Z. Moore	Stingray Swim Club	23-Mar-16	CARIFTA 2016	Martinique
200M BACK	02:17.97	S.Fraser	Stingray Swim Club	05-Aug-02	British Age Group Championships	Sheffield, U.K.
50M BREAST	00:33.69	C. Frederick-Westerborg	Stingray Swim Club	04-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
100M BREAST	01:12.99	S.Groome	Stingray Swim Club	18-Jul-08		Kingston, Jamaica
200M BREAST	02:34.63	S.Groome	Stingray Swim Club	27-Mar-08		Aruba
50M FLY	00:28.48	C. Frederick-Westerborg	Stingray Swim Club	21-Jan-18	UANA Swimming Cup	Coral Springs, FL, U.S.A.
100M FLY	01:00.85	C. Frederick-Westerborg	Stingray Swim Club	02-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
200M FLY	02:09.34	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, U.S.A.
200M IM	02:22.41	S.Groome	Stingray Swim Club	0-Apr-08	CARIFTA	Aruba
400M IM	04:49.46	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, U.S.A.

Boy's 11-12 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:27.87	C. Frederick-Westerborg	Stingray Swim Club	02-Jul-16	CISC 2016	Nassau, Bahamas
100M FREE	01:01.02	C. Frederick-Westerborg	Stingray Swim Club	01-Jul-16	CISC 2016	Nassau, Bahamas
200M FREE	02:17.14	C. Frederick-Westerborg	Stingray Swim Club	30-Jun-16	CISC 2016	Nassau, Bahamas
400M FREE	04:38.40	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
800M FREE						
1500M FREE	18:22.82	S. Fraser	Stingray Swim Club	23-Feb-01		Ft.Lauderdale, FL, U.S.A.
50M BACK	00:33.32	C. Frederick-Westerborg	Stingray Swim Club	29-Jun-16	CISC 2016	Nassau, Bahamas
100M BACK	01:11.81	B.Fraser	Stingray Swim Club	0-Apr02	CARIFTA	Barbados
200M BACK	02:33.40	B.Fraser	Stingray Swim Club	0-Apr-02	CARIFTA	Barbados
50M BREAST	00:35.87	I.Macrae	Stingray Swim Club	24-Apr-14	CARIFTA 14	Aruba
100M BREAST	01:18.04	J. Alberga	Stingray Swim Club	03-Apr-18	Carifta 2018	Kingston, Jamaica
200M BREAST	02:47.30	J. Alberga	Stingray Swim Club	31-Mar-18	Carifta 2018	Kingston, Jamaica
50M FLY	00:30.45	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
100M FLY	01:07.12	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
200M FLY	02:30.14	S. Fraser	Stingray Swim Club	0-Aug-00	CARIFTA	Barbados

200M IM	02:32.86	C. Frederick-Westerborg	Stingray Swim Club	01-Jul-16	CISC 2016	Nassau, Bahamas
400M IM	05:45.78	I.Macrae	Stingray Swim Club	23-Apr-14	CARIFTA 14	Aruba

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Boy's 9-10 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:33.01	C. Frederick-Westerborg	Stingray Swim Club	05-Jul-14	SPA Invitation	St. Petersburg, Fl. USA
100M FREE	01:12.48	C. Frederick-Westerborg	Stingray Swim Club	06-Jul-14	SPA Invitation	St. Petersburg, Fl. USA
200M FREE	02:36.86	B. Fraser	Stingray Swim Club	05-Aug-00	Pacific Far Western	San Jose, CA, U.S.A.
400M FREE	05:34.12	L. Sinclair	Camana Bay Aquatic Club	25-Apr-14	Highlander Long Course Invitational	Orlando, Fl. USA
800M FREE						
1500M FREE						
50M BACK	00:40.27	C. Frederick-Westerborg	Stingray Swim Club	04-Jul-14	SPA Invitation	St. Petersburg, Fl. USA
100M BACK	01:27.60	B. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, U.S.A.
200M BACK	03:09.79	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St, Petersburg, Fl. USA
50M BREAST	00:45.93	C. Frederick-Westerborg	Stingray Swim Club	04-Jul-14	SPA Invitation	St. Petersburg, Fl. USA
100M BREAST	01:42.30	C. Frederick-Westerborg	Stingray Swim Club	06-Jul-14	SPA Invitation	St. Petersburg, Fl. USA
200M BREAST	03:56.94	S.Groome	Stingray Swim Club	0-May-04	Piranha Invitational	Plantation, Florida
50M FLY	00:33.83	S. Fraser	Stingray Swim Club	01-Mar-99		Kingston, Jamaica
100M FLY	01:26.61	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St, Petersburg, Fl. USA
200M FLY	03:17.65	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St, Petersburg, Fl. USA
200M IM	03:03.01	L. Sinclair	Camana Bay Aquatic Club	27-Jun-01		Sarasota, Fl USA
400M IM						

Boy's 8 & under (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:37.25	C. Frederick-Westerborg	Stingray Swim Club	19-May-12		Sarasota, FL, U.S.A.
100M FREE	01:37.05	C. Frederick-Westerborg	Stingray Swim Club	18-Feb-12	Walter Rodgers Meet	Kingston, Jamaica
200M FREE	03:28.62	C. Frederick-Westerborg	Stingray Swim Club	18-May-12	SYS Memorial Meet	Sarasota, FL, U.S.A.
400M FREE						
50M BACK	00:47.45	C. Frederick-Westerborg	Stingray Swim Club	19-May-12		Sarasota, FL, U.S.A.
100M BACK	01:54.98	A. McCallum	Stingray Swim Club	28-Mar-03		New Orleans
200M BACK						
50M BREAST	00:54.62	C. Frederick-Westerborg	Stingray Swim Club	20-May-12	SYS Memorial Meet	Sarasota, FL, U.S.A.
100M BREAST	02:02.96	C. Frederick-Westerborg	Stingray Swim Club	19-May-12	SYS Memorial Meet	sarasota, FL, U.S.A.
200M BREAST						

50M FLY	00:47.66	C. Frederick-Westerborg	Stingray Swim Club	20-May-12	SYS Memorial Meet	Sarasota, FL, U.S.A.
100M FLY						
200M IM	03:52.96	C. Frederick-Westerborg	Stingray Swim Club	17-Feb-12	SYS Memorial Meet	Sarasota, FL, U.S.A.

Last updated: 5th Sept 2025

